

Preparing for the Jupiter-Saturn Conjunction and Saturn-Uranus Square

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During this time of uncertainty, the wisdom of astrology can help us surf the changes and achieve a calm inner center. This comes from understanding the current transiting situation affecting all of us and also the implications and possibilities of one's personal transits and what they're asking each of us to do here and now. Today's presentation considers how we can embody and focus the energy potential of this month's Jupiter-Saturn conjunction at 0 Aquarius 29, and other transits of 2021. Spring 2020's conjunction of Mars-Jupiter-Saturn-Pluto in



Capricorn marked the start of the COVID-19 pandemic, and from August through early January 2021 Mars retrograde in Aries squaring Jupiter-Saturn-Pluto has been inflaming the situation. The Saturn-Pluto conjunction represents enduring difficult circumstances and imposition of strict controls such as social distancing and is hopefully evoking our ability to respond with maturity, poise, and equanimity. Jupiter conjunct Pluto in Capricorn throughout 2020 signifies our nation's confrontation with violence, excessive force in law enforcement, and a quest for justice, and it calls us to become strong leaders capable of assuming responsibilities. Saturn entering Aquarius is going to give us the opportunity to weave new forms of group consciousness and to work for progressive social evolution. These transits form the backdrop for this month's mighty Jupiter-Saturn conjunction, which sets a tone and direction for the next 20 years. Each time a Jupiter-Saturn conjunction forms we have the opportunity to define priorities and make formative commitments to advance our enterprises. Today I'll ask each of you to consider how this conjunction will affect your chart so you can prepare to respond with hopeful anticipation. We'll look at the effects of the Jupiter-Saturn in each natal house and discuss how we can merge with this conjunction and make constructive choices that will shape our future. The Jupiter-Saturn conjunction and also the Saturn-Uranus square of 2021 offer opportunities to create new structures of consciousness. That's a key point because we don't want to passively experience the transits as something that just happens to us. It also represents the changes happening inside us. Today we'll try to sort out our instructions.

In my opinion our best leverage to move forward is to focus on wherever there's the most energy by transit, especially the current transiting position of Jupiter, Saturn, and Pluto in Capricorn and the upcoming conjunction at 0 Aquarius 29. This is where we can do something constructive to advance in our enterprises and to exhibit maturity in response to adversity and challenge. For example, Diane owns a business that involves daily contact with customers, and they've been forced to close down during the pandemic. Jupiter-Saturn-Pluto have been transiting in her 6th house, house of the workplace and employees. Diane has eight people who work for her as employees and contractors and she has been working tirelessly to locate emergency small business funding to pay them while the business is shut down. She is working hard out of a sense of responsibility for the employees. Recently they cautiously reopened the business and she has trained the staff in procedures for disinfecting surfaces and wearing protective clothing so they can resume work with customers. The 6th house is where we acquire skills and pass them on to workers, trainees, or apprentices, and also where we're concerned about developing consistent procedures, especially those that guard our health.

Even before their conjunction has formed, with Saturn and Jupiter in Capricorn, this has been a time to give serious consideration to practical decisions we may require in order to secure our safety and survival. In the chart of Tara, a young activist and environmentalist and permaculturalist, we see a conjunction of Mercury-Neptune in Sagittarius in the 11th house. She has tremendous idealism with many visions of the future; but when I first consulted with her last spring I noted that transiting Jupiter, Saturn, and Pluto in Capricorn in her 1st house suggested a need to accomplish something practical for her professional advancement, and she told me that she wanted to focus on passing the exam for her

acupuncture license, which she has been putting off for two years since graduating from a school of traditional Chinese medicine. She realized this is the credential she needs for her material sustenance, to support being an activist. She needs to complete the construction of her professional persona and identity. I just heard from her a week ago and she said she spent 8 months this year studying for the exam—Saturn Pluto energy can mean bearing down with intensity on something; and she wrote to tell me that she just passed the exam and is now a licensed acupuncturist, right in time for the Jupiter-Saturn conjunction.

So now let's consider the upcoming Jupiter–Saturn conjunction. In ancient times these conjunctions were used to predict significant events, especially those affecting kings and kingdoms. In the book, *Mundane Astrology*, Charles Harvey writes,

These two planets used to be known as the “Great Chronocrators,” or rulers of the ages. Their cycle can be considered the ground base of human development which marks the interaction between the perception of ideas, potentialities, possibilities (Jupiter) and their manifestation in the concrete material world (Saturn). (1)

Reinhold Ebertin describes this planetary pair thus: “patience, perseverance, industry, consciousness of an objective, tenacious pursuit of one’s plans.” Alexander Ruperti called Jupiter and Saturn the planets of “social destiny,” concerned with constructive social activity, the formation of our sense of purpose and direction, and our quest for tangible achievements. Working together, Jupiter and Saturn represent the drive to succeed and evolve in our work and other activities within the social order. The conjunction is the beginning of a formative process in which we form a new sense of purpose or direction that we’ll strive to actualize over the next 20 years.

Jupiter-Saturn as a planetary pair represents a positive, focused attitude, and the ability to define our goals, our ambitions, our enterprise. At the conjunction we make a commitment to some keenly sought achievement. With steady effort here over time we can look forward to gradual expansion within the realms of life touched by the conjunction, especially its house placement and aspects. If the conjunction powerfully activates planets or angles of our natal chart, we may see specific accomplishments occurring at that time. And the subsequent major phases of the Jupiter-Saturn cycle correspond to turning points in our efforts to actualize our goals and aspirations.

Let me begin by sharing the personal reasons this cycle is so important to me. In my early 20s I experienced several years of occupational vagueness and uncertainty while devoting myself to spirituality, yoga practices, metaphysical studies, and filling notebooks with drawings, poems, and elaborate dream interpretations. In 1980, after being introduced to my birth map and transits by several teachers and some introductory books, I took an ephemeris out into the woods and slept outdoors over the course of months, which allowed me to track phases of the Moon, her visible conjunctions with planets, and I soaked in the beauty of Venus’s glorious morning and evening star phases. I gazed at Mars and got in touch with the red, fiery part of myself. But what made the strongest impression on me was watching Jupiter and Saturn form their conjunction in Libra, which fell in my 12th house. I experienced the dissolution and disorientation that sometimes characterizes 12th house Saturn transits, but through the fog of uncertainty I sought a spiritual life-path and asked inwardly that I might be rightly guided. That’s when I arrived in Boulder, Colorado and serendipitously met Andres Takra, the Sage of Caracas, my astrology teacher and mentor, who was incredibly generous with his knowledge.

I studied with Andres five days a week for nine months, taking instruction and ghost writing his book, *The Wisdom of Sidereal Astrology*. This was in 1981 during the Jupiter-Saturn conjunction in Libra in my 12th house, squaring natal Mercury in Capricorn. This transit changed my life forever. The momentous Jupiter-Saturn conjunctions establish life trends and projects that unfold over 20-year periods of development. After this conjunction, for the next 20 years I followed the path of being an astrologer, student of mysticism, and yoga practitioner. The 12th house can be a gestating womb and a sanctuary, a space of sacred liminality, and during this 12th house Jupiter-Saturn conjunction my inner life was activated through immersion in astrology, meditation and depth psychology.

With the Libra conjunction in my 12th house, the realm of spirituality, mysticism, and interior life, I wasn’t drawn at all toward a conventional career or social ambitions. I was immersed in dreamwork, meditation, and the study of symbols, myth and religion. All of this seemed very impractical, yet at the time of the

Jupiter-Saturn conjunction, life provided me with the remarkable opportunity to become the apprentice to an astrologer, and I began to form a new social identity as an astrologer that has continued since 1981. In addition, the Jupiter-Saturn conjunction squared my natal Mercury in the 3rd house. Mr. Takra hired me to ghost-write a book with him. This set in motion a twenty-year period in which I became engaged extensively in writing, and my Mercury abilities grew. I became a writer when Jupiter-Saturn squared my natal Mercury.

20 years later, at age 42, at the next Jupiter-Saturn conjunction in 2000, in Taurus, which fell in my 8th house, I became materially more grounded, landing a stable teaching job, purchasing a house, and paying a mortgage. Truly, the Jupiter-Saturn conjunctions mark defining moments and formative choices, which can take us onto a completely different life path. Whenever I do chart readings I track the house placement and aspects of the Jupiter-Saturn conjunctions (and oppositions), noting what has manifested in the person's life at those times. Our lives unfold over stretches of decades in resonance with the pulse of this cycle.

Looking Back at the Jupiter Saturn Conjunction in Taurus

Today we're going to focus on the upcoming Jupiter-Saturn conjunction in December 2020 at 0° Aquarius 29, and examine where this planetary alignment activates the natal chart. But first let's look back at the most recent cycle. The last conjunction was in May–June 2000 at 23–24 degrees of Taurus. Look at your own chart and find where that conjunction fell. The phases of this past Jupiter-Saturn cycle were as follows:

June 2000: Jupiter-Saturn conjunction, 24° Taurus.

December 2005: Jupiter 11° Scorpio square Saturn 11° Leo.

May 2010: Jupiter 28° Pisces opposite Saturn 28° Virgo.

August 2010: Jupiter 3° Aries opposite Saturn 3° Libra.

March 2011: Jupiter 15° Aries opposite Saturn 15° Libra.

August 2015: Jupiter 29° Leo square Saturn 29° Scorpio.

March 2016: Jupiter 17° Virgo square Saturn, 17° Sagittarius.

May 2016: Jupiter 14° Virgo square Saturn 14° Sagittarius.

Whatever we set in motion at the conjunction has continuing resonance over the next twenty years, according to the sign and natal house where the conjunction occurs, and aspects formed to natal planets. A woman with the Jupiter-Saturn conjunction in her 5th house decided to get married specifically for the purpose of having children. This was the formative commitment of the conjunction.

A woman who had Jupiter-Saturn conjunct her natal Mercury and Jupiter went back to college later in life and decided she wanted to write an illustrated children's story, which was later published. Another woman, with the conjunction in her 9th house of education and intellectual pursuits, met a philosophy teacher and studied with him for many years.

A woman with the conjunction in her 6th house went to night school and learned computer aided design and began a new phase of much more lucrative employment. She also changed her habits, stopped drinking, became a vegetarian, and adopted a yogic lifestyle.

A woman with the Taurus Jupiter-Saturn conjunction in her 2nd house became a banker. Her life became focused on creating financial stability and wealth. In contrast, a woman with the conjunction in her 12th house opposite natal Neptune in Scorpio in the 6th house took extended time off work and became committed to the practice of vipassana meditation.

A woman who wanted to buy a house knew she was going to have the Taurus Jupiter-Saturn conjunction in her 4th house, so she lined up her financing from a bank, months ahead of time. By the time the conjunction occurred she was ready to proceed; she found the right place and purchased it as a new foundation for her life.

Jupiter-Saturn in Taurus made financial stability a major issue. The conjunction initiated a time of active striving to earn more money, a time of focus on generating wealth. Jupiter and Saturn conjunct in Taurus meant taking charge of our financial destiny.

The upcoming Jupiter-Saturn conjunction is the beginning of an entirely new cycle, an opportunity to define our aspirations and goals, to choose where we're going to focus our energies for the next twenty years. And the conjunction is in the first degree of Aquarius, the sign of innovation, cultural change, idealism, reform, and progressive social evolution. Dane Rudhyar once called Aquarius is the sign of "inventors, seers, and revolutionists" and said that "We try ... to cease being a mere creature of the state" and pour ourselves into specialized social groups, dedicated to the ideals of democracy and human freedom. The essential meaning of Aquarius is that it's a phase of heightened social awareness and *social action*—a term that refers to the way our actions are oriented to their social context and awareness of how our actions affect other people. Social action refers to organized programs of socio-economic reform, community organizing, neighborly acts, activity by an interested group



directed toward some particular institutional change; people coming together to solve problems important in their communities. Social action considers how our actions are the result of social structures and how we can change social structures by acting differently. This is a form of consciousness that seeks to create more complex and intelligent forms of social organization.

Let's briefly contemplate the Sabian Symbol for 0° Aquarius:

An Old Adode Mission in California. The power inherent in all great human works to endure far beyond the worker's life spans. The works ... of the Spanish priests who directed the building of the California missions have had a lasting influence on the development of this land. ... While the zodiacal sign Capricorn begins with a symbol of social-political power (An Indian chief claims power from the assembled tribe.), Aquarius at its start presents a more spiritualized and idealistic ... picture of the social forces at work. ... (I)t stresses the enduring character of human achievements ensouled by a great vision. ... (T)he symbol speaks of the projection of a noble ideal into concrete forms of beauty and significance... THE CONCRETIZATION OF AN IDEAL. This implies the "immortalization" of an individual within a great collective and cultural enterprise. (2)

This symbol asks us to consider what is the social vision we're forming, and what are the groups, organizations, and communities within which we will pursue shared goals and ideals for the future. I see this as a time to implement progressive change in our systems under the combined pressure of environmental upheavals such as the California drought, or massive flooding in the midwest. The irony of this symbol is that right now we're in the midst of a societal reckoning with past conquests, exploitations, and subjugations of native land and indigenous peoples, and of women—seen, for example, in the Me Too and Black Lives Matter movements. More broadly, we have to think beyond our own life spans and consider what do we want to endure into the future. The symbol speaks of establishing a group or institution and leaving behind some lasting monument to an ideal.

The key dates of the new Jupiter–Saturn cycle are as follows:

December 2020: Jupiter-Saturn conjunction at 0° Aquarius 29.

August 2024: Opening square—Jupiter at 17° Gemini 27, Saturn at 17° Pisces 27.

December 2024, Jupiter 14° 01 Gemini, Saturn 14° 01 Pisces.

June 2025 (right after Pluto enters Aquarius): Jupiter 1° Cancer 09 square Saturn 1° Aries 09.

December 2029: opposition phase—Jupiter 18° Scorpio 49 opposite Saturn 18° Taurus 49.

April 2030: Jupiter 25° Scorpio 07 opposite Saturn 25° Taurus 07.

November 2030: Jupiter 6° Sagittarius 04 opposite Saturn at 6° Gemini 04.

April 2034: Third quarter square—Jupiter 29° Aries 03, Saturn at 29° Cancer 03.

February 2036: Jupiter 14° Taurus 27, Saturn 14° Leo 27.

Oct 2040: Jupiter-Saturn conjunction at 17° Libra 57.

Take some time to study where these transiting phases occur in your chart. Examine each phase of the cycle and envision how the cycle may unfold for you. Imagine the possibilities.

The Conjunction through the Houses

Now, let's consider the meaning of the Jupiter Saturn conjunction in the twelve houses of the birth chart. These descriptions of general themes are intended to be suggestive, not exhaustive, and will be modified by aspects the Jupiter-Saturn conjunction makes to our natal planets.

House I: Commitment to creating a more individuated, socially relevant identity. New professional demeanor, focus on professional advancement within a social or organizational structure or mission. Striving for greater professionalism in appearance and attitude. Exhibiting discipline and seriousness of purpose. Stronger intention to achieve success and gain social influence over time. Decisions to assume a more responsible or adult role in the world, including parent or manager.

House II: Commitment to a socially conscious approach to right livelihood. Setting financial goals. The necessity or the likelihood of earning more money. Focus on purchases and seeking adequate compensation for one's work. Meeting the material problems of existence effectively. Significant purchases. Commitment to saving for a house, education, or retirement. Understanding societal trends and changes affecting economics and personal finances.

House III: Commitment to learning and education with specific focus on social issues, social change. Acquiring knowledge that will be of practical value in support of social evolution. Reading and becoming better informed about collective-societal issues and political trends.

House IV: Commitments and responsibilities to home and family, possible purchase of land or home, or expenditures for home and property improvements. Commitment to family development, and major events affecting family, sometimes one's parents. Opening a place of business or creating a center or environment for meetings and gatherings. Living cooperatively, unconventional domestic arrangements. Introducing new technologies into the home. Greater attention to the garden, the land, and the sense of place.

House V: Commitment to creative activities or the project of raising children. Seeing children grow in social consciousness. Planning for child's education, child's ambitions clarifying, or milestones in child's social and professional advancement. Forming a more serious, disciplined approach to creativity and self-expression.

House VI: Commitment to health and self-betterment. Getting better health care or insurance. Job promotion. Seeking, or finding, a better job—preferably one that is more socially relevant. Exploring alternatives in medical treatment, health care, health products, or health insurance. Commitment to gaining or enhancing skills, job training, a health regimen, or spiritual practice. More investment in one's occupational role and job responsibilities. Responsibility for management of workers, employees.

House VII: Commitment to creating vibrant, socially relevant friendships and relationships. Milestone events in relationships such as decision to get married, or formation of alliances and business partnerships. Relationship with ambitious or successful person. Milestones in partner's career choice or advancement.

House VIII: Commitment to shared ventures, business, investments, shared financial decisions or purchases. Potential growth in marital finances. Partner begins to earn more money. Deeper experience of interpersonal fusion, trust, and intimacy. Important milestones concerning debt, taxes, credit, loans, mortgage, estate planning or inheritance, financial legacy. Commitment to socially conscious investment strategies. Agreements about shared assets in marriage or divorce. Financial contribution to organizations promoting progressive change.

House IX: Commitment to study, education, and intellectual pursuits. Study of social theory, new scientific or philosophical truths. Pursuing opportunities for teaching or publication. Professional plans require education. Knowledge of international relations and cooperation. Growth through publishing, advertising, marketing.

House X: Commitment to advancement and professional success. Important career milestones. Professional opportunity and progress. Increased authority and responsibility in professional life.

House XI: Commitment to social change, group or community organizing, membership in groups or intentional communities. Organizational commitments. Increased political consciousness and social activism.

House XII: Commitment to enlightenment, self-transcendence, consciousness expansion. Pursuing the inner journey. New understanding of astrology and laws of karma. Formation of ideals and ambitions focused around spiritual goals and values. Assuming the social identity of a mystic, meditator, astrologer, philanthropist, servant of humanity.

This Jupiter-Saturn conjunction can form a very constructive energy, inspiring a sense of enterprise and long-range commitment to projects. But it is occurring against the backdrop of two additional major transits: the Jupiter-Uranus square and the Saturn-Uranus square.

Early in mid January 2021 we'll experience the square of Jupiter and Uranus at 6° 43' of Aquarius and Taurus, a combination that, according to Reinhold Ebertin, signifies optimism and innovation, far-sightedness, adventurousness, intellectual growth, changes in our paradigm, beliefs, and ideology; and change resulting from successful experimentation, risk-taking, and innovation. (3)

Charles Harvey wrote, the Jupiter-Uranus cycle concerns "the growth and awakening of human consciousness... (, and) the possibilities for progress and furthering the evolution of man, ... a spirit of ... optimism and enterprise." (4) It also represents rebellion against the status quo, audacity, and risk-taking. Jupiter-Uranus is the cycle of the forward progress of science and of humanity. So let's talk for a moment about the forward progress of science. Breakthrough technologies rolling out this year include: unhackable internet based on quantum physics, hyper-personalized medicine based on genetics—treating genetic mutations; targeting drugs to a person's genes; digital currencies; anti-aging drugs; satellite mega constellations.

Jupiter-Uranus is the cycle of the space age and aerospace. NASA plans to test a new Space Launch System (SLS) rocket, to test new lander technologies, to grab an asteroid sample (Bennu), launch an ocean-studying satellite, send a crewed space mission to the International Space Station and will mark 20 years of continuous human presence aboard the station, expanding the station's crew to seven. They will send the Perseverance rover, a robot astrobiologist, to search for signs of ancient life on Mars and collect rock and soil samples, and the agency will attempt to produce oxygen from the Martian atmosphere, a step toward future human exploration of the red planet. They will test planetary defense by crashing an object the size of a small car into a moon of asteroid Didymos. They will send the first Commercial Lunar Payload Services flight to deliver payloads to the lunar surface ahead of future Artemis II and III missions with crew. In October NASA will launch the first missions to study the Trojan asteroids, remnants of ancient material that formed the outer planets, now orbiting the Sun at the distance of Jupiter. Also, NASA will launch the [James Webb Space Telescope](#), the flagship astrophysics mission exploring distant worlds and studying the first generation of galaxies formed at the beginning of the universe. The X-57 Maxwell, the agency's first all-electric experimental aircraft, will also conduct its first flight next year. The agency's aero researchers also will launch an effort to advance electric propulsion for large commercial transports with an electric powertrain flight demonstration, helping to develop a fuel- and cost-efficient alternative to traditional jet-engine-powered aircraft.

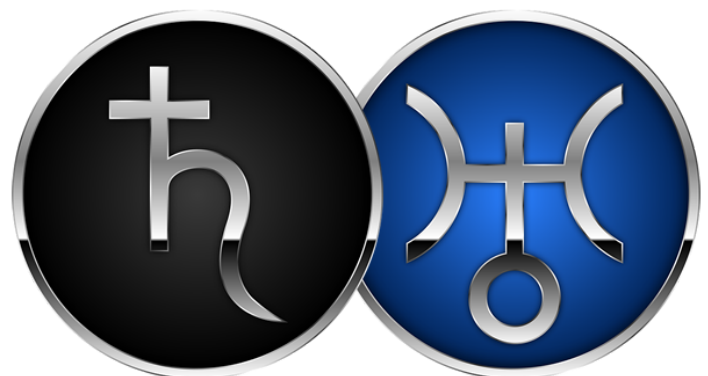
Saturn–Uranus Square

Another major transit of 2021 is Saturn square Uranus, a transit that represents an intense period of structural change on many levels of life. The Saturn-Uranus cycle spans approximately 45 1/2 years.

The present cycle began in 1988 at 27–30° Sagittarius.

The *waxing square* occurred in May 2000 at 21° Taurus/Aquarius.

The *opposition* phase occurred Nov 8, 2008 at 19° Virgo/Pisces; Feb 2009 at 21° Virgo/Pisces, Sept 2009 at 25° Virgo/Pisces, April 2010 at 29° Virgo/Pisces, and July 2010 at 1° Libra/Aries.



The *waning square* begins Feb 18, 2021 at 7° 14 of Aquarius/Taurus, June 15, 2021 at 13° 07 of Aquarius/Taurus, December 4, 2021, at 11° 06 Aquarius / Taurus

Alexander Rupert said this of the Saturn-Uranus cycle:

Uranus ... disrupts the normal patterns of action ... (,) feeling and thought. It ... obliges (us) to realize that world conditions change.... Psychological growth ... requires a ceaseless process of self-transformation and self-questioning, upsetting one's static ego security. Uranus is a constant reminder that spiritual living is ... the incorporation of a new life-attitude (or a new kind of behavior, ... a new way of meeting the challenges presented in ... the ... environment.... The challenge to become a greater and more inclusive individual is usually felt at the crucial turning points in this cycle. At such times, the "greater" initially tends to appear as the enemy of the status-quo. Therefore, if the challenge is accepted, one must inevitably break with his traditions on some level of existence. He must become strong enough emotionally to follow a line of thought or action which may not fit into his habitual life-pattern. ... Symbolically, then, he must pit Uranus against Saturn. Habit patterns will always resist change; and when the pressure of some creative challenge is felt, the ego will experience ... fear and resist(ance) to change. The ego is the Saturnian structure of man's consciousness. ... Although a consistent ego-structure is obviously necessary, the tendency will be to crystallize such a structure, making it more difficult to adapt to new situations which challenge one's established viewpoint. ... If a crucial phase of the Saturn-Uranus cycle coincides with (... a) crisis, the cause will always be the rigid inertia of social customs, privileges, personal habits or assumed behavior patterns which resist the call of the creative spirit within. ... Uran(us) challenge(s) ... everything for which Saturn stands ... (in the) break-down of social, religious and cultural forms and customs. This inevitably leads to a breakdown of many egos (that) are unable to contain the energy of new, creative forces. For this reason, the current cycles of Uranus and Saturn often have a disruptive effect. The main problem facing each individual during the crucial phases of these cycles is, "How can he (or she) constructively use the creative Uranian power which is challenging the inertia and security of his ego? ... (O)ne must also face the challenge to contribute wisely to this process of social change(,) which these crucial phases of the Saturn-Uranus cycle measure. ... Uranus, the rebel ... arouses a yearning for that which is beyond anything connected with Saturn, and it brings restlessness to those who are inclined to conform to normal social behavior. Complacency will be upset, as will the feeling that one is living rightly only if and when he (or she) conforms to the socially established rules of the game. ... Great things can happen at these turning-points, although perhaps through disturbing or cathartic challenges. The only way to prepare oneself for the challenges of the Saturn-Uranus cycle is by total acceptance of the fact that resistance to change is always useless in the final analysis and represents a simple refusal to grow psychologically and spiritually. ... (5)

This transit suggests that we may experience some stress of systems dysfunction and the need to reorganize social institutions, which are being strained by the weight of Covid-19, high rates of unemployment, closing of businesses, and, here in the U. S., the expected mass eviction of tenants unable to pay their rent. This is in addition to the intensification of climate changes that are straining economies and the food supply. Some people will have a very hard time coping with this and will resist change. Others will adapt and evolve, altering their patterns of behavior, influenced by progressive social initiatives, programs, and paradigms. New programs for social welfare are likely to be implemented, including programs for mass vaccination, and hopefully some positive reforms in government, the justice system, education, as well as public health. In truth, it feels like all structures and institutions are experiencing change. The question for each of us is how to work for change and to make intelligent changes in our life structures and behaviors, and to evolve a new level of social consciousness and participation.

In this regard, personally, I am working on two fronts. I'm very concerned about the social problem of depression, which afflicts millions, and the societal over-reliance on psychiatric medications to treat depression, and I'm interested in promoting holistic methods that can be effective with fewer side effects, including meditation, hatha yoga, dream analysis, nutritious diet, regular aerobic exercise, and the study and healing of family systems. I'm committed to introducing spiritual practices and lifestyle changes, including the study of astrology, into mental health care. This is my humble revolution. Recently I devoted three years to completing my book *Dreamwork in Holistic Psychotherapy of Depression* (Routledge, 2017), a work called forth by concern for the widespread social problem of depression.

The other area where I'm experiencing an enhanced social awareness and group purpose is through my affiliation with groups of musicians who share a devotion to the study and performance of jazz, where part of the essence of the art form is establish a vibrant, pulsating group consciousness. It always lifts our spirits to play music together. I think the upcoming Jupiter-Saturn conjunction in Aquarius and Saturn-Uranus square is a promising time to evolve our group connections and to find our way to surf the spiraling waves of change forming in 2021—together.

May the force and power of the Jupiter–Saturn conjunction and the Saturn-Uranus square empower all of us to get organized around our most compelling goals and aspirations and lend us the focus to make great things happen in our world.