

Dance and Astrology

by Carolina de Pedro

Although dance and astrology seem worlds apart, the reality is that both invite us to explore and understand our internal and external world, and give us the opportunity to connect with something bigger than ourselves. Both share a focus on symbolic interpretation and connection with the universe, although they are expressed in different ways. Dance is an artistic expression that has existed since ancient times, and its importance transcends the mere interpretation of body movements. Throughout history, different cultures have used dance as a way to connect with the cosmos and channel universal energy.

Both dance and astrology are ancient art forms that have touched people's lives throughout history. Both are based on the observation and interpretation of symbols and movements, whether in the human body or in the stars that illuminate the firmament. Dance, with its diversity of styles and techniques, seeks to transmit emotions, tell stories and establish an intense connection with the audience. On the other hand, astrology uses planetary movements and star constellations to interpret and predict events in people's lives.



Through dance and astrology, the goal is to release and balance internal energy to create a deep connection with the universe. These two disciplines become a glorious tandem, a powerful tool to explore spirituality and connection with the world around us. Mastering them is no easy task; it requires dedication and exhaustive study to understand their language and communicate effectively. However, both dance and astrology offer us a valuable opportunity to get to know ourselves and grow personally.

Dance is the fluid language of the body, an artistic manifestation that gives life to our sensations, emotions and thoughts. Each step and gesture in motion is a catalyst that converts our earthly energy into an explosion of pure movement.

What is the key behind our personal dance? Let us carefully observe a Natal Chart, which reveals the positioning of the stars at the time of our birth. There we will find the clues to understand how their energy is expressed in the art of movement.

In astrology, the planet Neptune and the sign of Pisces are chosen to represent the amazing dance abilities. Both have always been closely related to artistic expression, creativity and movements that flow with elegance, flexibility and smoothness, essential characteristics to access the world of dance.

Neptune is the planet that yearns for inspiration, dances with art and connects us with the sublime depths of spirituality and artistic expression. Pisces is undoubtedly the magician of the arts, the one who makes the other signs fade away at its side.

Neptune, Pisces and the 12th house will give us additional insight into our artistic expression when dancing. With a musicality that springs from deep within, Neptune and Pisces turn a humble mortal into an exquisite dancer full of grace and beauty whose perfectly coordinated movements manage to enchant us with each of their emotions.

Thanks to these two titans, the body flows intuitively, as if it were born directly from the music. Both bless us with the ability to transmit emotions in the blink of an eye, leaving spectators stunned and immersed in a deep fascination. But what truly distinguishes Neptune and Pisces as true champions of

dance is their fervent imagination and their overflowing sensitivity, which allows them to feel and express music in a unique way throughout the vast zodiacal universe.

In general terms, Scorpio and Pisces possess an innate elegance and depth and the ability to let themselves be carried away by movement. When they give themselves over completely to music, they are able to create dances that truly awaken a magical feeling. It is correct to clarify, broadening the range of astro-possibilities, that there is no specific constellation or specific planet that grants or prevents the transformation into a master of dance. No matter what sign of the zodiac you are, with the right technical training and fervent dedication, many can become great dancers.



Saturn, Venus and the Formation of a Dancer

The presence and structure of these planets is fundamental in the study of Classical Dance. Linked to the strength of determination, obligation, attention and perseverance, Saturn is also related to the process of maturing, achieving excellence, surpassing oneself and performing self-criticism. Just as in ballet, Saturn displays an elegance and harmony in its form, whereby each part of the body is placed in the right place and moves with meticulous precision; it perfectly limits each movement and transforms it into an impeccable and unparalleled display. Its connection with Venus adds an elegance, grace and beauty indispensable for every dancer, endowing its neatness and impeccable execution with an unmatched harmony. This similarity between ballet and Saturn is not only found in the visual appearance, but also in its gestation process.

Just as dancers invest countless years and hours of training and practice to hone their art, Saturn has dedicated millions of years to the formation and evolution of its structure. Both are testimonies of the dedication and passion required to achieve excellence in their respective disciplines.

Saturn, as the master in the art of internal growth, also bears the responsibility of supporting the development of a classical ballet dancer's career until it reaches its fullness: a journey of 8 to 10 years full of meaning in someone's life. Classical dance begins to be studied from childhood, usually between 6 and 7 years old, and culminates with a complete professional training after almost a decade dedicated to this exquisite art.

Saturn is responsible for the dedication, selflessness, sacrifice and passion required to achieve excellence in their respective fields. In this way, classical dance and Saturn correspond in a unique connection, where beauty and discipline come together to give the best of results: excellence. Thus, it is revealed before our eyes that Saturn is not content with being a mere spectator of the dance, but rather embodies the very essence of the inner maturity of each human being, carrying with it the enormous responsibility of forging an artistic career that transcends time. In this way, Saturn becomes the faithful counselor of each dancer, guiding them on their journey towards perfection and providing them with the discipline necessary to reach unattainable goals.

We are all familiar with the cyclical and recurring time of Saturn, this planet that personifies our most important internal and visible transformations. From this cycle, a transcendental event is born that occurs every 7 years: the complex interaction between this wandering god and our own natal Saturn. To achieve the magic of connecting with oneself, Saturn dances gently around the Sun for approximately 29 years. This feared planet carries with it a slow and serene cycle, weaving planetary connections every seven years.

During these intervals, events take place that leave an indelible mark on our lives: entering primary school at age seven, going through the complex adolescence at age fourteen; the number seven resonates in the distinctive rhythm of Saturn, giving it a powerful beat in the celestial dance of our lives. In the demanding world of classical ballet, the seed of a professional dancer blossoms between the ages of 6 and 7, and grows with grace and perfection to reach its full splendor at the dazzling ages of 14 and 15.

Capricorns, children of Saturn, dedicate their time to masterfully learning dance, perfecting each technique. Their style is sophisticated yet controlled, with an intensity that lies within. Capricorns bring structure and precision to even the freest movements of dance. Some astrological traits adhere perfectly to this art. That is why Saturn, the celestial patriarch, that relentless but wise mentor who guides us towards the value of discipline and hard work, plays a fundamental role in the forging of a dancer. This powerful astral progenitor has the potential to encompass various aspects of our existence, encouraging personal growth and paving the way for profound metamorphosis. From an artistic perspective, it is a factor of great relevance and worth taking into account.

Mars and Venus

Mars embodies the strength and vitality of the body, movement in all its forms and the pure energy that drives us. It is the engine of action, male sexual desire, aggression and athletic competition. As ruler of the body, Mars exerts its power over physical activities such as sport, dance and physical work.

Mars inspires us to take initiative and be people of action, avoiding indecision and excessive contemplation. It is identified both with the dancer and all those professions that require a primary use of the body. However, the red planet can also be linked to rudeness and harsh attitudes. However, the art of dance is elevated as a form of personal expression and a balm that relieves and releases stress and aggression in an explosion of movement.

Mars, together with the energetic zodiac sign Aries and its associated house, the first house, play a crucial role when it comes to determining whether someone has the potential to become a virtuoso dancer. Its position in the birth chart reveals what kind of dancer that person might be.

Mars together with Saturn can provide the energy needed to face both physical and mental challenges in the training of a dancer. In ballet, and in dance in general, flexibility is essential, and can only be achieved through arduous training. In fact, it can be said that Neptune and Mars will be responsible for these qualities.

The aspects of Mars in Pisces, especially when well aspected with Neptune, are a highly positive and aesthetically brilliant shade. In addition, a positive aspect between Mars, Mercury and Neptune adds a mentally stimulating spark to dancing.

Another of the most common astrological patterns we find in the charts of famous dancers is the strong influence of Venus. People blessed with Venus

have the gift of captivating with soft movements that amaze, as Venus personifies beauty, grace and elegance, while Mars displays a powerful physical presence and strength.

Venus grants the gift of captivating, seducing and delighting with her harmonious dance, as she represents the essence of beauty, grace and sophistication. She is perfect for dance, regardless of whether it is performed by men or women. The charms of Venus imbue a professional career exalted by applause and recognition, especially if she is in a prominent position, harmoniously aspected on the Ascendant or the Midheaven, or even in conjunction with the latter. In addition, if the Sun is located in signs ruled by Venus or in which Venus is exalted, or if it is located on the Midheaven and in the fifth house, the success of this artistic career will be further intensified.



Mercury, Virgo, Gemini and the third house

They are in charge of the magic that flows through our hands and arms, awakening our expressiveness and allowing us to tell stories with every movement. It is important to take into account the positions of Mercury (which personifies the hands and arms), Gemini and the sign of Virgo, along with the third house, as these will more accurately describe our gestures and arms while dancing. It is known that in dance the arms express and communicate, just as the hands speak.

When Mercury is in Gemini, our hands and arms acquire an elegant agility and versatility, becoming instruments of fluid communication, drawing subtle lines and expressing ideas through the language of dance. This position is ideal for Spanish dance or flamenco dancing.

If Mercury makes contact with the perfectionist sign of Virgo, our arms are imbued with meticulous precision. The movements become clear and defined, revealing an attention to every detail ideal for transmitting a very specific message, fusing dance with logic and organization. Such is the case of Kathak Dance, the dance of India, in which dancers express themselves by making hand gestures (mudras).

As for the third house, which represents communication and exchanges, its influence enhances our gestures, allowing us to connect with the public and transmit emotions with greater intensity. When Mercury and the third house unite in harmony, our choreographies come to life with a communicative fluidity that captivates and excites those who have the privilege of witnessing them. This is an ideal aspect for dancers who pull on them to create elegant facial expressions and gestures that bring music and dance to life, as in classical Indian dance. In this wonderful kind of dance, glances

become a potential communicator and facial movements are captivating choreographic arrangements. The body becomes an art that transmits divine dialogues, while the feet dance to the rhythm of the music.

Anger, surprise, happiness, pain, devotion, confusion... Through a range of facial expressions and hand gestures, the dancer interprets a melody and creates kinetic poetry in motion, evoking feelings in the audience to provoke an intense emotional experience. Non-verbal communication becomes the chosen messenger of the gods of art.

Signs and Houses

Water signs, such as Pisces and Scorpio, flow with unmatched musicality and deep feeling. Meanwhile, air signs, such as Aquarius and Libra, contemplate dance with rhythmic determination and cool elegance. On the other hand, fire signs, such as Leo, Aries and Sagittarius, radiate and expand a dramatic and energetic style that makes them stand out on any stage.

As for the houses, if we consider the fifth house, related to creativity and self-expression, it becomes relevant to dance skills. This house gives dancers and artists in general a significant advantage, a wide open door to expression, although practice remains essential.



The charms of Venus permeate a professional career exalted by applause and recognition, especially if Venus is in a prominent position, harmoniously aspected on the Ascendant or the Midheaven, or even in conjunction with the latter. Furthermore, if the Sun is placed in signs ruled by Venus or in which Venus is exalted, or if it is placed on the Midheaven and in the fifth house, the success of this artistic career will be further intensified.

When the Sun is placed at the highest point in the sky, the Midheaven, its light illuminates the personality with brilliant splendor and charm. And if the Moon, the hallmark of fame and creativity, is in a position of prominence and its influences are harmoniously combined, this brings with it a positive influence on relationships and artistic expression. Likewise, when the Moon is placed at the highest point in the sky, the artist's fame and charisma are even more prominent in all their splendor.

Astrology Elements and Their Relationship to Dance

Astrology also attributes elements to each zodiac sign: fire, earth, air, and water. Each element represents a different facet of our personality and creative processes. By understanding the elemental energy of the sign, we can assess which ones support artistic pursuits.

For example, fire signs (Aries, Leo, Sagittarius) are known for their passion, creativity, and determination. With their fiery emotions, they amplify these characteristics and inspire your artistic endeavors.

Earth signs (Taurus, Virgo, Capricorn) are pragmatic and down-to-earth people. They are experts at planning and organizing, but sometimes struggle to tap into their creativity, although it can provide the creative drive and discipline you need while still being connected to your earthly nature.

Air signs (Gemini, Libra, Aquarius) excel in their intellect and ability to think quickly. Cutting-edge innovations and creations can be beneficial in boosting their analytical minds and fostering innovative ideas.

Water signs (Cancer, Scorpio, Pisces) are true masters of intuition and sensitivity. Their art is fueled by the current of their emotions, flowing with a unique elegance. The magic of music enhances their creative spirit and channels their expression into unsuspected dimensions.

Five Famous Dancers in History and Some Aspects of Their Birth Charts

Mikhail Baryshnikov (1948-) is characterized by a fascinating combination of Mercury and Neptune in his birth chart, which gives him a soft and charming appearance just like the Piscean **Rudolph Nureyev** (1938-1993).

Sylvie Guillem (1965-), on the other hand, has Mercury in Pisces, which also gives her a hint of Mercury-Neptune influence in her personality and artistic abilities.

Olga Spessivtseva (1895-1991) had an interesting presence with the Moon, Pluto and Neptune in Gemini. For those who don't know her, it is very important to note that Sergei Diaghilev (1872-1929) considered her a more skilled dancer than even Anna Pavlova. On one occasion during a rehearsal, his talent moved all the other dancers in the room to tears.

Vaslav Nijinsky (1889-1950), with his mastery of the water signs, revealed a heightened emotional sensitivity and intensity. His positions of the Moon, Sun and Mercury in Pisces, his Scorpio Ascendant with a marked influence from Venus in Aquarius, and a well-aspected Jupiter to the Midheaven, made



him the true "God of Dance." He was a dancer with a unique connection to the world of emotions and the deepest artistic expression.

To conclude

Dance and astrology meet at a fascinating point of intersection, in which both seek to decipher the very essence of movement and energy. In the world of dance, the body becomes a tool to tune into cosmic vibrations, allowing the harmony between the human being and the universe to be expressed in a sublime way.

Some forms of contemporary dance and movement therapies even incorporate astrological elements, suggesting that dancing under certain lunar phases or planetary alignments can enhance spiritual connection and well-being.

Both the art of movement and astrology call upon us to reveal and celebrate that inalienable link between the individual and the universe, and urge us to awaken our consciousness regarding our own existence and the environment that surrounds us. In addition, both disciplines provide us with a valuable toolbox to harmonize our energy and find that fundamental connection with the unfathomable cosmos.